



## **Technotherapy Certified Clinician Level One (TCC-1) Training and Implementation Program**

Growing demands from clinicians and patients for more convenient ways to participate in care, alongside the requirements of new telehealth parity laws across the United States, make training in effective online care a necessity. The Technotherapy Certified Clinician Level One (TCC-1) Training and Implementation Program responds to this need with a compelling three-hour program packed with insights and skill-building activities. Technotherapy's training is vital to preparing clinicians to provide an elevated standard of care, and its accompanying implementation support enables behavioral health organizations to sustain their operations in the face of rapid change.

### **Learning Objectives:**

- Identify the key technical, ethical, and clinical elements to confidently conduct therapy via live web video and smartphone-based text contact
- Bridge your depth of clinical understanding of your patients with their digital lives by understanding the principles of the psychology of cyberspace
- Develop clinical sophistication with online video and text-based contact, and understand its issues with your specific populations
- Update and explain to patients key elements of informed consent and address their FAQ's about telehealth
- Conduct digital lifestyle assessment alongside biopsychosocial and integrate it appropriately into treatment planning, interventions, and transitions
- Determine whether creating an always-available 'virtual therapy room' has good clinical potential for a given patient
- Take away practical methods to maintain proper communication, manage containment, and limit or eliminate the use of online and smartphone supports
- Where appropriate, use live video sessions to increase frequency of care by eliminating travel time and limit impact of care disruptions due to travel, sickness, or long-term office leave
- Identify and recommend digital resources and adjuncts and implement digital interventions to provide care appropriate for each of your patients
- Work through three detailed clinical scenarios with crucial digital elements
- Avoid common technical, ethical, and clinical pitfalls of live video and text-based contact

### **Skills Developed:**

- Understand how to integrate online sessions into your Electronic Health Record (EHR)
- Conduct digital lifestyle assessment
- Know Do's and Don'ts of text-based interactions with your patients
- Have the basics of a professional quality telehealth video set-up, including lighting, sound, background, privacy, internet connection, as well as alternative options in case of problems
- Incorporate psychoeducational media and therapeutic apps into treatment planning
- Address and avoid breakdowns in communication which can occur online



- Clinical techniques for containment and expectation-setting with online therapy
- Begin to learn resources to assess apps and provide recommendations
- Become a TechnoTherapy Certified Clinician, Level One

**Elements of on-site, in-person live training and consultation package:**

- Pre-training phone call & assessment interview (30 min)
  - Post-assessment research and content customization and tailoring (90 min)
  - Live, in-person training with high-quality media and supporting resources (180 min)
  - Post-training consultation on-site or via Zoom for up to six months (120 min)
  - Training assessment, feedback, and management support (60 min)
- Total: 480 minutes = 8 hours

**Standard Rate:** \$6,000, plus any required travel expenses

**Sliding Scale Structure:**

We are committed to extending the reach of our training to any clinic or practitioner who feels their clients would benefit, anywhere around the world. Please ask for international rates. In the US, we have a sliding scale based on:

$$\begin{aligned} &\text{Number of clinicians participating in training} \\ &\quad \times \text{ (Multiplied by)} \\ &\quad \frac{\text{Average hourly billing rate of clinicians participating}}{\text{Total (Sliding Scale Minimum Rate: \$1,000)}} \end{aligned}$$

*Example One (Private pay psychotherapy clinic):*

Number of clinicians participating in training: 10  
Average billing rate of participants: \$200/hour  
Sliding Scale Rate: \$2,000

*Example Two (Community health clinic):*

Number of clinicians participating in training: 25  
Average billing rate of participants: \$50/hour  
Sliding Scale Rate: \$1,250

For individuals or small groups, we occasionally offer this training to the public and are able to discount registration according to this scale. Please sign up for our newsletter via our [website](#) to be informed of when and where.

**For more information and to book, contact:** Vikram Surya Chiruvolu, [vikram@technotherapy.org](mailto:vikram@technotherapy.org),  
tel/text: (202)991-2350